

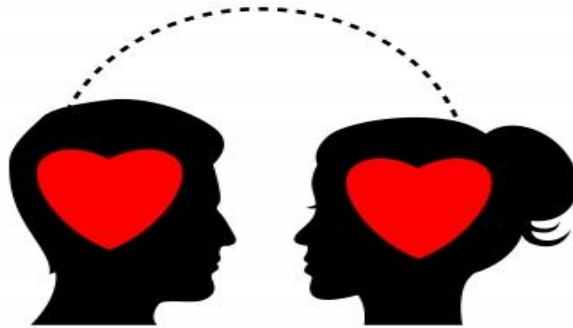


genesis therapy center

Discovery...Recovery...Growth

Join us on **Saturday March 18th, 10am-11:30am** at
Zion Lutheran Church
for **a Couple's Workshop** on:

***Improving Your Communication and Connection
with Your Partner***



This workshop is for couples who want to revitalize their communication in their relationship. In this workshop, you can expect to:

- ❖ Explore common problems in communication between partners
- ❖ Learn key factors in listening and being heard
- ❖ Be better able to identify:
 - ✓ You and your partner's communication style
 - ✓ Ineffective vs Effective ways of communication
- ❖ Learn each other's love language so that you can communicate better and have a stronger, more meaningful relationship
- ❖ Be able to identify ways to stay emotionally connected with your partner

Location: Zion Lutheran Church 17100 S 69th Ave. Tinley Park, IL 60477; Church Library

Seats are limited; Please RSVP by Wednesday March 15th to:

708-535-7320 ext 39, Nancy Spigelmyre, Masters Candidate in Marriage and Family Therapy, Life coach, Therapist at The Genesis Therapy Center